



## The Last Sunday after the Epiphany

### *The Collect of the Day*

O God, who before the passion of your only begotten Son revealed his glory upon the holy mountain: Grant to us that we, beholding by faith the light of his countenance, may be strengthened to bear our cross, and be changed into his likeness from glory to glory; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

### *What is Lent?*

Today is the Last Sunday after Epiphany, which brings the season of Epiphany very near to its end. In three days, the church will begin observing Lent. Ash Wednesday falls on February 26 this year, and marks the beginning of the season of Lent, the 40-day period before Easter.



*Ash Wednesday marks the beginning of Lent on February 26.*

The period of 40 days, which traditionally does not include Sundays, commemorates the “40 days and 40 nights” (Matthew 4:2) that Jesus fasted in the desert and then resisted temptations from Satan.

The word “Lent” comes from an Old English word for “spring,” and is derived from the German word “lang,” meaning “long,” because during this season before Easter, the hours of daylight become longer.

The Book of Common Prayer explains Lent in this way: “The first Christians observed with great devotion the days of our Lord’s passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church (Book of Common Prayer, pp. 264-265).

The Episcopal Church invites us to observe Lent “by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God’s holy Word” (Book of Common Prayer, p. 265).

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February 26th is **ASH WEDNESDAY**, the first day of Lent. Fr. Tim will be at the corner of Lincoln Road and Collins Avenue from 8:30am to 11am. Ashes will be distributed here at the church after the Noon Day Mass and at 5:30pm with a prayer service. Please remember that this is a **HOLY DAY** and fasting and prayer is appropriate. God bless you in Lent!

# ASH WEDNESDAY

## PANCAKE SUPPER

Tuesday, February 25th @ 6:00pm

Every year we host our annual Pancake Supper to celebrate Shrove Tuesday. Shrove Tuesday (known in some countries as Pancake Day) is the day preceding Ash Wednesday (the first day of Lent), which is celebrated in some countries by consuming pancakes. In others, especially those where it is called Mardi Gras or some translation thereof, this is a carnival day, and the last day of "fat eating" or "gorging" before the fasting period of Lent. Good will offering of \$5. per person or \$20. for a whole family. All are welcome!



**SHROVE TUESDAY**



## PUB THEOLOGY

Thursday, February 27th @ 6:00pm

Pub Theology will meet on Thursday, February 27 at Yard House on Miami Beach (1681 Lenox Ave). This month, we'll be talking about Lenten observances and the practices that we have experienced in the past and practices we're considering for this Lenten season.

## PRAYER LIST UPDATE

This quarter we begin a new prayer list cycle. Please remember to send an email to [parishoffice@allsoulsmb.org](mailto:parishoffice@allsoulsmb.org) with prayer intentions. Thanks!

## HOSPITALITY

If your First Name begins with **A – E**, a reminder that there is an opportunity for you to provide a much-needed food item for our hospitality next **Sunday, March 1st**. Thank you for your continuing support and participation.

## GIRL SCOUT SUNDAY AT ALL SOULS

Sunday, March 8th @ 10:30am

No matter how Girl Scouts express their spiritual identity, the Girl Scout Constitution notes that "the motivating force in Girl Scouting is spiritual". Usually celebrated in March during Girl Scout Week, Girl Scout Sunday and Sabbath provide Girl Scouts with the opportunity to learn more about their chosen faith and share in one of the oldest Girl Scouting traditions, as well as a way to thank the local faith communities for any partnership or support you've received in the last year. This year All Souls' Church salutes all our local Girl Scout Troops with a special Sunday of prayer and celebration! All are welcome to our 10:30 Mass!



## WE HOLD IN PRAYER †

*Strengthen your servant, O God, to do what they have to do and bear what they have to bear; that, accepting your healing gifts through the skill of surgeons and nurses, they may be restored to usefulness in your world with a thankful heart; through Jesus Christ our Lord. Amen †*

**We pray for healing for:** Baby Alia, Andre, Bill, Fr. Bob, Carlos, Rev. Dorenda, Fr. Errol, Gloria, Humberto, Baby Hunter, Irma, Jay, Joyce, Latisa, Fr. Marty, Norman, Olga-Maria, Richard and Ruth.

For those living with HIV/AIDS and their families.

We pray for the dying and those who watch and care for them and mourn for their loss.

We pray for the Faithful Departed

We pray for all our Loved ones, our Friends & our Neighbors.

We pray for those celebrating birthdays and anniversaries.

### 10:30am Service Schedule for Greeters, Acolytes, Eucharistic Ministers, Lectors, Intercessors, and Altar Guild

Date	Greeters	Acolytes	Eucharistic Ministers	Lectors 1st / 2nd Reading	Intercessor	Altar Guild	Collection Counter
Mar 1	Héctor Samada Ian Macdougald	Kathy Armbrister Brian Levey	Kathy Armbrister Brian Levey	Derek Shute Chris Gathman	Chris Gathman	Joyce Foreman	Stephen Harriman Brian Levey